



# TIBURON HAITI

*Volunteer needed*

*From December 29th 2017 to January 7th 2018*



## Health Education Project

Imp Pierre ville #5, Santo 12, Cx-Des-Bqts, P-Au-P, Haiti. Email: [healtheduproject@gmail.com](mailto:healtheduproject@gmail.com), Phone: (509) 474-3684

[www.hephaiti.com](http://www.hephaiti.com)

## History,

Tiburon is one the most attractive places in Haiti with beautiful beaches, perfect place to go camping and hiking and à very welcoming people.

Tiburon, which means shark in Spanish, is located just across the island of Jamaica, on the southwest coast of the Tiburon Peninsula. In October 1629, a French flotilla commanded by Jean de Baradat de Cahuzac anchored at Tiburon, on his return from an expedition against the English at Saint-Christophe Island. The local economy is based on the production of cocoa as well as the processing of coffee, a commune in the extreme south of Haiti with a population of more than 20,000, and fisheries that play an important role in the economy. The Massif de la Hotte covers the western part of the peninsula, and hosts the highest point of the peninsula with the 2,477-meter high Macaya peak.

Hurricane Matthew struck southwestern Haiti near Les Anglais on October 4, 2016, leaving widespread damage in the impoverished nation. Nationwide, the hurricane nearly destroyed around 200,000 homes, leaving 1.4 million people in need of humanitarian aid. Monetary damage was estimated at US\$1.9 billion. The ongoing cholera outbreak worsened following the storm. Day after the Hurricane my HEP/PES team have been one of the first to provide emergency response to remote communities in the south. Since then we have launched many projects with community leaders.

With à team of 24 people, including HEP members from Haiti and abroad, and 9 volunteers from the local community, we planned the following projects:

## Projects

1. MOBILE CLINIC
2. PUBLIC DENTAL HEALTH
3. COMMUNITY OUTREACH
4. ENVIRONMENT AWARENESS
5. FAMILY PLANNING
6. LEADERSHIP TRAINING

## Expenses

**Total amount raised : 1,400.00 US Dollars**

**Amount spent : 1,526.00 US Dollars**

**Transportation:** 300

- gas
- car maintenance
- Public transportation

**Food twice à day for 24 people:** during 10 days : 500 dollars

**Workshop/construction materials** : 150 \$

**Energy** : 100 \$

**Medications** :176\$

+ Tooth Brushes 300\$

Break down of expenses :

[https://docs.google.com/document/d/17OfAJndcsjwQc38cJEt34yKVTn\\_GKR4CwODJfn\\_YeWk/edit?usp=sharing](https://docs.google.com/document/d/17OfAJndcsjwQc38cJEt34yKVTn_GKR4CwODJfn_YeWk/edit?usp=sharing)

**MEN ANPIL CHAY PA LOU, VOLUNTEERS WITHOUT MEDICAL TRAINING ALSO PLAY A VITAL PART IN EACH AND EVERY DELEGATION AND ARE SIMILARLY ENCOURAGED TO JOIN US.**

## Projects details

### **MOBILE CLINIC**

medical care, medications, screening and support was delivered with compassion and care by **Dr. Tushar Mehta** (Canadian emergency doctor, health educator, and General Advisor of HEP), **Samuel Bastien** Health educator (Medical in training, HEP General Coordinator) and **RN Rocher** and the collaboration of the local dispensary, Every day from 9am to 4pm we saw 280 patients, among them many malaria positive adult and kids, we saw a lot of young woman with UTI and Yeast infection whom received treatment the number of these cases we saw was very alarming, Around 1800 people received anti parasite treatment. ***The needs for medical personal in this town are great, there are only three nurses taking care of this town of more than 10,000 inhabitant***

***Health education and preventative measures to those remote and difficult to access mountain communities. The majority of the people living here have no means of transportation and are literally cut off from both emergency and preventative medical care. Only a very small percentage of the population has access to clean drinking water or latrines which results in serious outbreaks of Typhoid Fever, Cholera and gastro-intestinal parasite.***





**PUBLIC DENTAL HEALTH** Tiburon has no existing dental care is one of most neglected places in Haiti. With the support of **Dental-Ladakh** from Germany, donation of some materials by **Dr Brown, HAC,** **Dr Nerma MAMELEDZIJA** from Germany saw 275 patients, 385 tooth extractions, and 1400 toothbrushes distributed. Extraction of severely infected and painful teeth reduced the suffering disability of many.

*Dr Mameledzija is the first dentist that the Tiburon community has ever seen say Pastor Wilson, a local community leader.*



***My name is D.M Dr. Nerma Mameledzija and I work as a dentist in Berlin, Germany.***  
*I knew that dental health care in Haiti was lacking, but the burden of disease far worse than I imagined. In Tiburon, I was the first dentist to ever visit, and I worked long hours each day and*

*often late at night to clean and sterilize all equipment. Due to the lack of dental equipment I could only do extractions.*

*My wish is to return to Haiti by next Year after fundraising to provide more dental equipment and volunteers. Our main goal should be dental education to prevent tooth disease otherwise we just treat the symptom and not the cause.*

**Readmore:**[https://docs.google.com/document/d/1ySr\\_GhYGSXWizbARdkMsc3iqkS9csPQXOT94ZsY6CYE/edit?usp=sharing](https://docs.google.com/document/d/1ySr_GhYGSXWizbARdkMsc3iqkS9csPQXOT94ZsY6CYE/edit?usp=sharing)



**ENVIRONMENT AWARENESS /**  
**COMMUNITY OUTREACH**

Only a very small percentage of the population has access to clean drinking water or latrines which results in serious outbreaks of Typhoid Fever, Cholera and gastro-intestinal parasites. Tiburon is currently suffering from poor waste management practices. Trash, organic material, plastic, rubble and raw sewage densely litter the beach, roads and walkways, we promote better sanitation and waste management for healthier community. **With the help of some community members we clean the beach that was used as trash dump and à community latrine. We was able to save the beach from all these plastic waste and create à safer place for the kids to play. We did health education everyday with more than 1500 people on dental hygiene, Waterborne diseases, Malaria, Sexual Education, Importance of family planning**



***One day after cleaning the beach we were so happy to see the kids of the community was already using it to play !***





## Objectives and Strategy of Family Planning activities

**The purpose (FP) Family Planning activities is to contribute to increasing the availability and use of good-quality family planning/reproductive health services in Haiti.**

**FAMILY PLANNING** Women and girls living in this impoverished town of 20,000 lack regular access to sexual and reproductive health and family planning services, many pregnancies are unplanned and the maternal death rate is higher than the national average which, at 359 deaths per 100,000 live births, is already the highest in Latin America and the Caribbean. Maternal and reproductive health is an essential element of good health and human development. It is important in eradicating poverty, disease and combating malnutrition. It is also important in slowing the spread of sexually transmitted diseases such as HIV and AIDS, and improving gender equality. We started à **Family Planning Program Committee** with the nurses, priest, pastors and other leaders. They will be in charge of doing sexual awareness, sensibilisation. We are providing them with medications that will be sold at the buying price to make the program sustainable.

**Learn more about what we are doing:**

**<https://docs.google.com/document/d/16zL9FChKLx2MYC9aO0fL83bdWscaLK2QNSwlznhZdgc/edit?usp=sharing>**

- Organizing community leaders and nurses to run a sustainable program as a team
- Providing sexual health and family planning education to relevant age groups in the the community.
- Ensuring the tool helps women learn and use contraceptives. Where it's available where services are offered.
- Providing safe, consistent and accessible family planning medications at lowest cost.
- Providing low cost, and free condoms, as per availability
- Collecting data on services provided reporting and management purposes.
- Building the FP into the ongoing supervision community nursing and social system.
- Financial sustainability of the program
- Conducting evaluations to inform quality services.

*Words are powerless to express my gratitude.*

*Thank you all for your tremendous work at Tiburon. Without your diligence, hard work, and several late nights and early mornings, we would not have been able to make the impact we did at Tiburon. And we did so much more than that: thanks to everyone's major efforts, we not only work as team, but with a wonderful result. Your hard work has not gone unnoticed.*

*Samuel Bastien (HEP-PES) General Coordinator*

### **Special thank you to :**

**Ing. Stephanie Antoine, Mr Ricot Rameau, Ms Pierre Violette Bastien, Dr Tushar Mehta, Dr Nerma Mameledzija, Mr Marc Edwin Bastien, Ms Rachele Rosmond, Ms Myrlene Mozoul, Mr Edner Bastien, Ms Emina Mameledzija, Esq. Ing. Giordany Bastien, Ms Taina Bastien, Mr Kyslong Ladouceur, Prof. Petit-Odenon Pierre, Mr Bastien Samuel**



**Special thank you to our partners and donors, without your help this wouldn't be possible**

- Thank you to Dr. Tim Brown from [www.browfamilydentistry.com](http://www.browfamilydentistry.com) for there support with dental materials
- Thank you to Dental Ladakh“ from Germany [www.klinik-ladakh.de/projektverlauf/](http://www.klinik-ladakh.de/projektverlauf/) For their monetary and material support.
- Thank you to Dr Tushar Mehta (General advisor of HEP) for his continuous support in every way possible.
- Thank you to Mr Samuel Darguin from HAC <http://www.wearehac.org/> for letting us use their dental chair.
- Great thank you to Kevin Melanson from St Boniface Foundation for helping us getting medication for our mobile clinic.
- Thank you to our Dr Nerma Mameledzija and Emina Mameledzija, ESq, for their monetary donation and their precious time to volunteer with us inspiring our team and becoming part of our family.
- Special thank you to @escapepcomfort running by the MAMELEDZIJA for training our team on their leadership experience and taking all the beautiful pictures of our work.

### **Thank to our Partners at Tiburon**

- **The community clinic of Tiburon**
- **Tiburon Mayor's office**
- **Catholic Church of Tiburon**
- **The Christian Church of Tiburon**
- **Pastor Wilson**
- **Miss Rocher**
- **And the entire Tiburon HEP team**

